

## Challenge Day Daily Challenges

*The topic of the day is . . . Giving*

*The quote of the day is . . .*

**“We make a living by what we get. We make a life by what we give.”**

**–Winston Churchill**

Churchill was a British politician known chiefly for his leadership of the United Kingdom during World War II. He served as Prime Minister of the United Kingdom from 1940 to 1945 and again from 1951 to 1955. Churchill was a noted statesman and orator in addition to being an officer in the British Army, a historian, a Nobel Prize-winning writer, and an artist.

**The Challenge for today is to go out of your way to be generous to three other people.**

*The topic of the day is . . . Gratitude*

*The quote of the day is . . .*

**“Sometimes our light goes out but is blown into flame by another human being. Each of us owes deepest thanks to those who have rekindled this light.”**

**–Albert Schweitzer**

Schweitzer was a theologian, musician, philosopher, and physician. He received a Nobel Peace Prize in 1953 for his philosophy of “reverence for life” for founding and sustaining the Albert Schweitzer Hospital in Gabon in west central Africa.

**The Challenge for today is to thank two people who have “been there” when you needed them.**

*The topic of the day is . . . Do Good*

*The quote of the day is . . .*

**“The noblest question in the world is: What good may I do?”**

**–John F. Kennedy**

Kennedy, often referred to by his initials JFK, was the 35th president of the United States, serving from 1961 until his assassination in 1963. At 43, Kennedy was the youngest elected president and was the only president to have won a Pulitzer Prize.

**The Challenge for today is find two instances to go out of your way to be of service to others.**

*The topic of the day is . . . Be Inclusive*

*The quote of the day is . . .*

**“As far as I am concerned, the greatest suffering is to feel alone, unwanted, unloved.”**

**–Mother Teresa**

Mother Teresa was a Roman Catholic nun who founded the Missionaries of Charity in Calcutta, India in 1950. She was known for her kind heart and avid humanitarianism, as well as her advocacy for the poor and helpless. For more than 40 years she ministered to the poor, sick, orphaned, and dying. She won the Nobel Peace Prize in 1979 and India’s highest civilian honor, the Bharat Ratna, in 1980 for her humanitarian work.

**The Challenge for today is to make an effort to include people who seem left out or alone.**

*The topic of the day is . . . Honesty*

*The quote of the day is . . .*

**“Truth has no special time of its own. Its hour is now—always.”**

**–Albert Schweitzer**

Schweitzer was a theologian, musician, philosopher, and physician. He received a Nobel Peace Prize in 1953 for his philosophy of “reverence for life” for founding and sustaining the Albert Schweitzer Hospital in Gabon in west central Africa.

**The Challenge for today is to tell the truth. Even if it’s scary, tell the truth in every situation that arises.**

*The topic of the day is . . .* **Equality**

*The quote of the day is . . .*

**“All men are created equal. No matter how hard you try, you can never erase those words.”**

**–Harvey Milk**

Milk, about whom a biographical film was produced in 2008, was an American politician and the first openly gay man to be elected to public office in the United States.

**The Challenge for today is to think of two ways you can encourage equality around your school campus or community.**

*The topic of the day is . . .* **Role Modeling**

*The quote of the day is . . .*

**“As I grow older I pay less attention to what men say. I just watch what they do.”**

**–Andrew Carnegie**

Carnegie was a Scottish-born American industrialist, businessman, and a major philanthropist. He built Pittsburgh’s Carnegie Steel Company, which eventually merged with other steel companies to become U.S. Steel. With his wealth he turned to philanthropy and interests in education, founding Carnegie Corporation of New York, Carnegie Endowment for International Peace, and Carnegie Mellon University in Pittsburgh.

**The Challenge for today is to live up to your word. Take action on something you have been avoiding or putting off.**

*The topic of the day is . . .* **Creativity**

*The quote of the day is . . .*

**“Happiness lies in the joy of achievement and the thrill of creative effort.”**

**–Franklin D. Roosevelt**

Roosevelt, often referred to by his initials FDR, was the 32nd president of the United States. He was the only president to serve more than two terms. During the Great Depression of the 1930s, Roosevelt created the New Deal to provide relief for the unemployed, recovery of the economy, and reform of the economic and banking systems. What is least known about FDR is that he contracted Polio and spent most of his presidency trying to hide his illness from the public eye.

**The Challenge for today is to create something you feel inspired to create. It could be a work of art, a poem, or maybe even a new friendship. Whatever it is, be sure to celebrate its creation.**

*The topic of the day is . . .* **Education**

*The quote of the day is . . .*

**“Education is the most powerful weapon which you can use to change the world.”**

**–Nelson Mandela**

Mandela is former President of South Africa, the first to be elected in a fully representative democratic election, who held office from 1994-1999 following 27 years in prison.

**The Challenge for today is to thank two teachers, coaches, or administrators who have helped you gain the power of education.**

*The topic of the day is . . .* **Be the Change**

*The quote of the day is . . .*

**“You must be the change you wish to see in the world.”**

**–Mahatma Mohandas K. Gandhi**

Gandhi was a major political and spiritual leader of India and the Indian independence movement. He believed in moving the masses by acts of non-violent civil disobedience. His birthday, October 2, is known worldwide as the International Day of Nonviolence.

**The Challenge for today is to notice what’s happening. Create a vision for how you’d like things to be and take at least one positive action to make your vision a reality.**